

**Taekwondo for Tiny Tigers**

Instructor: ATE Black belt Academy & Karate for Kids

Do you want to do something great for your children? Learn the Korean martial art form known as Songahm taekwondo. Basic techniques including punching; kicking forms and self defense are taught in these classes. More importantly this course will develop discipline, confidence, concentration and self-control in your child. All qualities that are needed to help children through their developmental years. Give your child a head start for the school years by helping them improve themselves. Uniforms are required. You can purchase one at the ATE.

Ages: 3-5  
Location: ATE Black Belt Academy & Karate for Kids Northfield Square Mall  
Deadline: Friday before each session  
Fee: \$55 (does not include uniform)  
Each session is an 8 week course; 2 classes per week

Date:	Days:	Time:
4/7 -5/26	Tuesdays & Thursdays	4:30-5:00 pm
6/2 – 7/14	Tuesdays & Thursdays	4:30-5:00 pm

**Karate for Kids Taekwondo**

Instructor: ATE Black belt Academy & Karate for Kids

Do you want to do something great for your children? Learn the Korean martial art form known as Songahm taekwondo. Basic techniques including punching; kicking forms and self defense are taught in these classes. More importantly this course will develop discipline, confidence, concentration and self-control in your child. All qualities that are needed to help children through their developmental years. Give your child a head start for the school years by helping them improve themselves. Uniforms are required. You can purchase one at the ATE.

Ages: 6-16  
Location: ATE Black Belt Academy & Karate for Kids Northfield Square Mall  
Deadline: Friday before each session  
Fee: \$65 (does not include uniform)  
Each session is an 8 week course; 2 classes per week;

Date:	Days:	Time:
4/7 – 5/26	Tuesdays & Thursdays	5:30-6:15 pm
6/2 – 7/14	Tuesdays & Thursdays	5:30-6:15 pm

**Youth Coed Basketball**

**Youth Coed Indoor Soccer**

**Youth Coed Outdoor Soccer**